



General Physics Corporation & Training Industry, Inc.’s Study Reveals Keys to Successful Learning Engagements

Elkridge, MD. March 10, 2009 - Global performance improvement solutions provider General Physics Corporation (GP), a subsidiary of GP Strategies Corporation (NYSE: GPX), and Training Industry, Inc., an objective and trusted expert on the marketplace for learning, recently announced their findings from a joint January 2009 study, **“Best Practices in Working with Learning Service Providers.”**

GP and Training Industry, Inc. surveyed professionals from a broad spectrum of industries, all of whom monitor or oversee relationships with learning service providers with engagements of one year or more. The study reveals that frequent communication; clearly defined, realistic goals; and provider flexibility are among the leading factors impacting learning service provider alignment and performance.

The study found approximately three in four relationships between companies and their learning service providers are aligned at the beginning of an engagement, but less than half remain strongly aligned throughout the life of the partnership. Additionally, respondents who were strongly aligned established formal communications plans far more frequently than those who lacked strong alignment.

“GP’s core value is direct and honest communication. We believe that our focus on communication and our ability to adapt to the changing business needs of our customers are what make us a successful learning service provider. We were pleased to see that learning leaders identified communication and flexibility as critical elements in maintaining a high level of performance and satisfaction in their partner engagements,” said Don Duquette, Executive Vice President of GP’s Learning Solutions group.

“This research provides learning leaders with a how-to guide on maintaining alignment with their outsourced learning service providers,” said Doug Harward, CEO of Training Industry, Inc. “The report provides specific recommendations for the frequency and topics of communication, outlines what types of metrics are most important and clarifies contract elements that make the most impact on the performance of an engagement. In a time when learning leaders can least afford the cost of failure, using the insights from this report can lead to more successful provider engagements.”

The full report is available for download at:

<http://trainingoutsourcing.gpworldwide.com/research.aspx>

About GP

GP is the principal operating subsidiary of GP Strategies Corporation (NYSE: GPX). GP is a global performance improvement solutions provider of sales and technical training, e-Learning solutions, management consulting and engineering services. GP's solutions improve the effectiveness of organizations by delivering innovative and superior training, consulting and business improvement services, customized to meet the specific needs of its clients. Clients include Fortune 500 companies, manufacturing, process and energy industries, and other commercial and government customers. Additional information may be found at www.gpworldwide.com.

We make statements in this press release that are considered forward-looking statements within the meaning of Section 27A of the Securities Act of 1933, as amended, and Section 21E of the Securities Exchange Act of 1934. These statements reflect our current expectations concerning future events and results. We use words such as "expect," "intend," "believe," "may," "will," "should," "could," "anticipates," and similar expressions to identify forward-looking statements, but their absence does not mean a statement is not forward-looking. These statements are not guarantees of our future performance and are subject to risks, uncertainties, and other important factors that could cause our actual performance or achievements to be materially different from those we project. For a full discussion of these risks, uncertainties, and factors, we encourage you to read our documents on file with the Securities and Exchange Commission, including those set forth in our periodic reports under the forward-looking statements and risk factors sections. Except as required by law, we do not intend to update or revise any forward-looking statements, whether as a result of new information, future events, or otherwise.

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