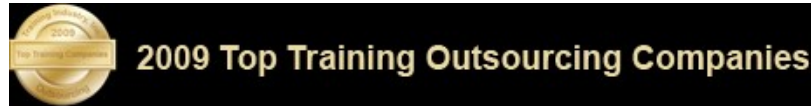


NEWS RELEASE



General Physics Corporation Named One of Top 20 Training Outsourcing Companies for Sixth Consecutive Year

Elkridge, MD. March 19, 2009. Global performance improvement solutions provider General Physics Corporation (GP), a the principal operating subsidiary of GP Strategies Corporation (NYSE: GPX), announced today that it has been named one of the Top 20 Training Outsourcing Companies by Training Industry, Inc.

Each year since 2004, Training Industry, Inc. has assessed the leading companies in the industry to determine those best suited for world-class outsourcing engagements. This year, they contacted over five hundred companies to assess their expertise, experience, and capabilities. The evaluation criteria included corporate competencies in the 26 business processes identified in Training Industry's Training Process Framework.

Training Industry's evaluation committee looked at the marketing strategy of each company to determine if training outsourcing was considered to be a core service in their business model and evaluated the strength of each company's major clients. A special emphasis was placed on recognizing companies with comprehensive capabilities, resources, and experience in providing learning services. The Committee also stressed the importance of innovation in learning analytics and evaluation methods used to assess the impact of learning on business performance. The criteria used for selection to the 'Top 20' reflects the expanded role of outsourced learning services in the business strategy of major corporations.

"GP is proud to be selected, for the sixth consecutive year, as one of the Top 20 Companies in Training Outsourcing. Our ability to provide global learning and development services using flexible cost models is the key to making our training business process outsourcing practice successful," says Don Duquette, Executive Vice President of GP.

About GP

GP is the principal operating subsidiary of GP Strategies Corporation (NYSE: GPX). GP is a global performance improvement solutions provider of sales and technical training, e-Learning solutions, management consulting and engineering services. GP's solutions improve the effectiveness of organizations by delivering innovative and superior training, consulting and business improvement services, customized to meet the specific needs of its clients. Clients include Fortune 500 companies, manufacturing, process and energy

industries, and other commercial and government customers. Additional information may be found at www.gpworldwide.com.

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